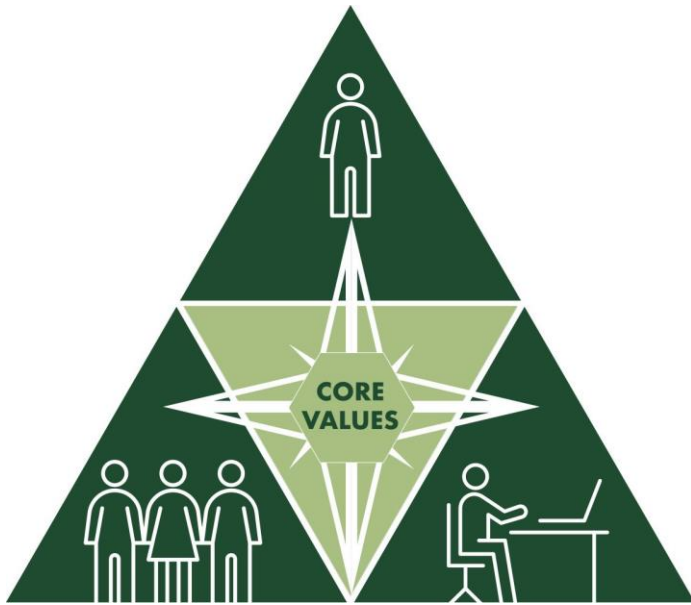




MOSO Value Triangle Assessment® Report

Integrating Your Core Values — Living in
Alignment Across All Dimensions of Life

INTRODUCTION

Mastery in leadership and life is predicated on the seamless integration of three fundamental pillars: the Personal, the Relational, and the Professional. This report unveils your bespoke Strategic Value Architecture—a sophisticated blueprint of the core principles that dictate your impact and trajectory across these critical domains.

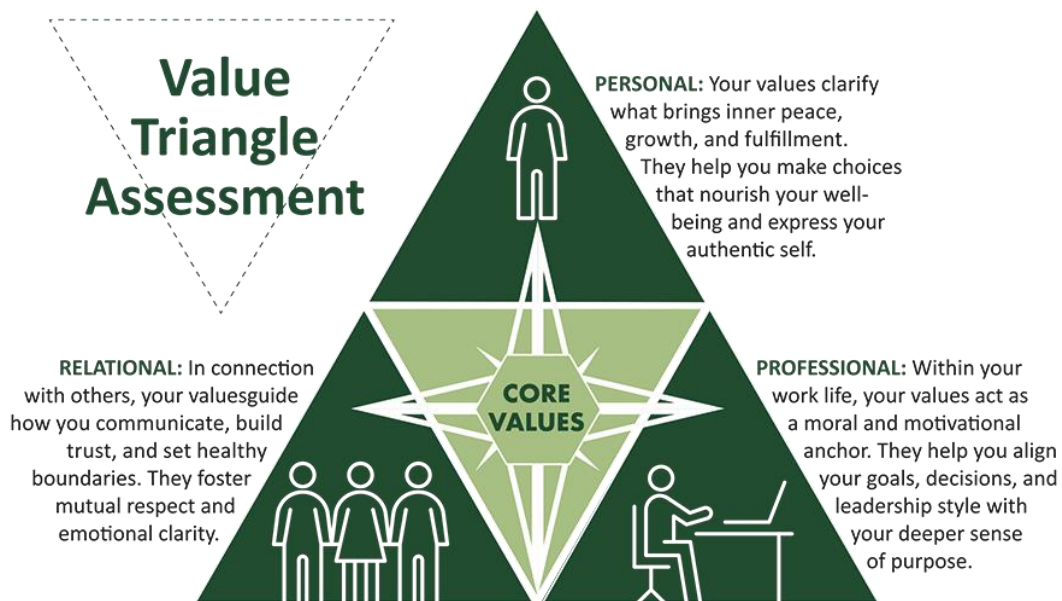
Derived from rigorous self-synthesis and advanced analytical interpretation, these insights are designed to catalyze high-level awareness. This is a refined diagnostic of your internal drivers, identifying the distinct patterns of excellence and the latent opportunities for profound growth that characterize your authentic operating system.

As you engage with these findings, let them serve as a high-stakes invitation to recalibrate your external outputs with your internal essence, ensuring that your relationships and professional legacy are forged in absolute alignment.

In a world that moves faster than ever, driven by achievement, technology, and constant comparison, many people still feel an underlying sense of emptiness. We chase success, yet something feels off. What's often missing isn't opportunity or intelligence, but alignment, the harmony between what we *do* and what we *believe in*.

That harmony is built on one thing: **values**.

Through the MOSO Value Triangle Assessment®, you have now identified your five core values, the principles that express what truly matters to you in your **Personal**, **Relational**, and **Professional** life.



Disclaimer

This assessment report has been created through a collaborative process combining your own reflections and inputs with AI-based interpretation. It is intended as a personal development tool for self-awareness and inspiration. MOSO International AB and its representatives do not assume responsibility for any actions, decisions, or outcomes resulting from the use or interpretation of this report. The insights provided are for informational and reflective purposes only.

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The Architecture of Your Essence: Core Value Synthesis

Below you'll find your top 5 core values, created through the unique blend of your own reflections and rankings combined with AI insights. These values are your top 5 ranked values from the assessment. Together they reveal the essence of what you hold most dear across your personal, relational, and professional life. These values are the golden threads that weave through your choices, energy, and sense of purpose, offering a powerful mirror of what truly matters to you and guiding you toward greater alignment and fulfillment.

Core Values	Leadership Principles
Ethics	Stand firm in integrity Choosing the path where your values are your true north, guiding every decision and action with unwavering moral clarity.
Faith	Dare to believe in possibility Embracing the unseen future with quiet trust, knowing that every step forward is a leap of faith into the unknown.
Trust	Lead with reliance on others Placing your confidence in the hearts of those around you, allowing vulnerability to be a bridge that strengthens connections.
Respect	Honor each being with dignity Seeing the inherent worth in every soul you encounter, holding space for differences with a grace that unites rather than divides.
Supportiveness	Hold others with compassion Extending a hand that uplifts, listens, and encourages without judgment, creating a safe harbor for growth and resilience.

The Operational Impact of Your Values

Nn Nn, your core values of Ethics, Faith, Trust, Respect, and Supportiveness form a rich tapestry that guides your every decision and interaction. It's fascinating to see how your top value, Ethics, rooted in the relational domain, serves as the cornerstone of your identity, shaping your approach to building trust (#3) in your relationships and fostering respect (#4) in your personal interactions. This unique blend of values paints a vivid picture of a person who values integrity, faith, and ethical conduct above all else, creating a solid foundation for the way you engage with the world.

As these values intertwine and influence each other, your faith (#2) infuses your relational connections with a sense of purpose and belief, complemented by the deep respect (#2) you hold for others. Your supportiveness (#5) in the professional realm echoes the trust (#3) you cultivate in your relationships, showcasing a holistic approach to leadership and collaboration. The harmony between your personal beliefs and professional ethos is evident in the way you navigate challenges with resilience and humility, always striving for excellence while remaining grounded in your values.

Looking ahead, consider how these values can continue to shape your path, guiding you towards greater impact and fulfillment. Embrace the interconnected nature of your core values, allowing them to be not just guiding principles but active agents in your journey. Your commitment to ethics, faith, trust, respect, and supportiveness is a beacon that illuminates your way forward, inviting you to embody these values in all aspects of your life with authenticity and purpose.

How Your Values Can Come Across from the Three Perspectives

Below you'll find how your top 5 core values can come across in each of the three perspectives. It's the same 5 values but with slightly different principles.



Your 5 core values from a **Personal** perspective

Same values, slightly different principles.

Ethics	Honor your inner compass Tend to the moral code that guides your decisions, even in solitude.
Faith	Tend to your inner light Listen for the whispers of belief that illuminate your path.
Trust	Listen for your inner knowing Sit with the certainty that comes from trusting yourself.
Respect	Make room for your inner worth Return to the deep well of self-respect within you.
Supportiveness	Befriend your inner cheerleader Notice when self-encouragement is needed and offer it generously.



Your 5 core values from a **Relational** perspective

Same values, slightly different principles..

Ethics

Hold space for open dialogue

Creating an environment where honest conversations can flow freely, allowing for differing perspectives to be heard and respected.

Faith

Build connections through shared values

Fostering deep bonds by aligning beliefs and principles, creating a foundation of trust and understanding in relationships.

Trust

Be the kind of listener who cares

Showing genuine interest in others' thoughts and feelings, cultivating a sense of safety and reliability in all interactions.

Respect

Meet others with kindness and acceptance

Approaching every individual with compassion and openness, honoring their unique experiences and perspectives.

Supportiveness

Welcome vulnerability and offer harmony

Embracing moments of vulnerability with empathy, providing unwavering support and nurturing a harmonious environment for growth and connection.



Your 5 core values from a **Professional** perspective

Same values, slightly different principles..

Ethics	Set the tone by upholding integrity Leading with unwavering honesty and ethical decision-making to inspire a culture of trust and accountability.
Faith	Decide to believe in possibilities Deciding to have faith in yourself, your team, and the organization's mission, even in the face of uncertainty.
Trust	Bring transparency and reliability Bringing openness and consistency in communication and actions to foster a foundation of trust within the team.
Respect	Champion diverse perspectives Championing inclusivity and respect for diverse viewpoints, creating a workplace where every voice is valued.
Supportiveness	Hold the line on empathy and encouragement Holding the line on providing unwavering support, empathy, and encouragement to nurture a culture of growth and well-being.

Summary of your input and ranking in descending order, per dimension

Below you find the total lists of your input per dimension and also the score each value got from your ranking. Some words you will find embedded in the principles of your core values.

Core Values	Personal Values	Relational Values	Professional Values
Ethics (8)	Respect (9)	Faith (8)	Supportiveness (7)
Faith (6)	Growth (6)	Ethics (7)	Connection (6)
Trust (4)	Excellence (6)	Trust (6)	Resilience (6)
Respect (3)	Humility (6)	Harmony (5)	Humility (6)
Supportiveness (3)	Ethics (5)	Kindness (5)	Efficiency (5)
Growth (3)	Ambition (5)	Honesty (4)	Sharing (5)
Connection (3)	Faith (4)	Joy (4)	Accountability (4)
Excellence (3)	Love (4)	Transparency (3)	Vision (4)
Resilience (3)	Loyalty (4)	Respect (2)	Trust (4)
	Independence (3)	Acceptance (1)	Balance (4)
	Belonging (3)		Listening (4)

Why Values Matter, According to Psychology

They Give Life Meaning - Viktor Frankl, the Holocaust survivor and psychiatrist behind *Man's Search for Meaning*, argued that fulfillment doesn't come from pleasure or power, but from living a life aligned with one's deepest values. Modern psychology supports this: studies show that people who live according to their values report higher life satisfaction and resilience, even during adversity (Steger et al., 2008). They Strengthen Motivation - Self-Determination Theory (Deci & Ryan, 1985) reveals that intrinsic motivation, the kind that sustains growth and creativity, is driven by alignment with values such as autonomy, mastery, and connection. When we act out of alignment (for example, chasing status over authenticity), motivation quickly fades, replaced by stress and burnout. Values build identity and integrity, and they are the psychological foundation of identity. Research by Hitlin & Piliavin (2004) shows that they help us create a coherent sense of self, a story of who we are and why we matter. Integrity literally means "wholeness." To live with integrity is to live without inner division, and that happens when our actions reflect our values.

History's Voices on Values

The pursuit of a value-driven existence is the timeless hallmark of the world's most influential thinkers and leaders:

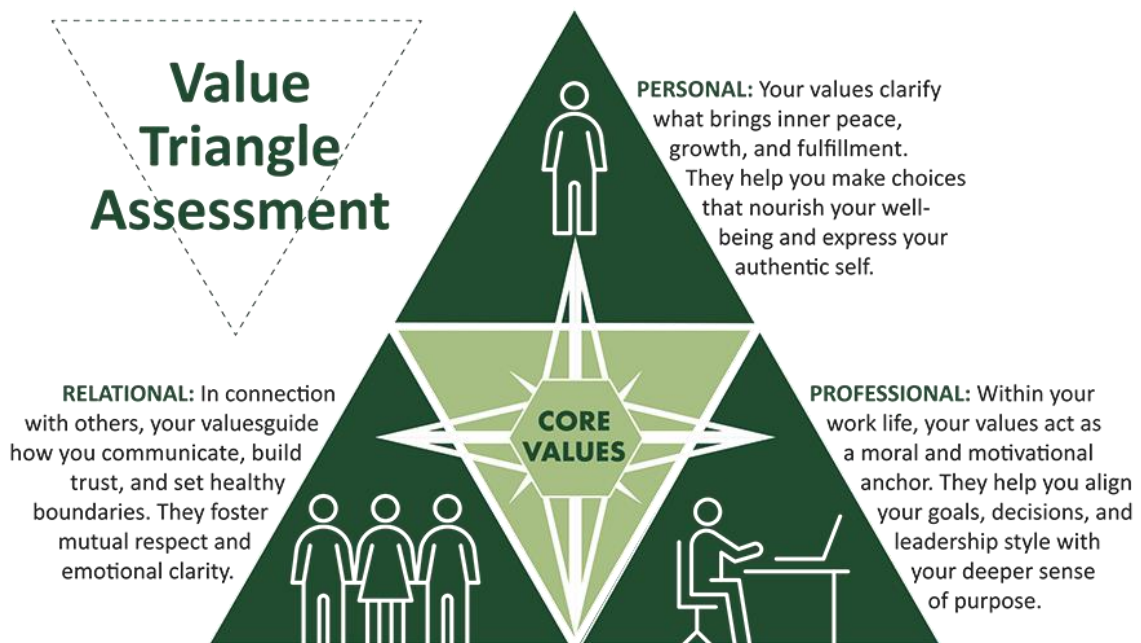
- Aristotle taught that a virtuous life, one guided by courage, wisdom, and balance, leads to *eudaimonia*, or human flourishing.
- Confucius emphasized moral integrity and compassion as the foundations of harmony.
- Immanuel Kant urged us to act from principles we could as universal laws, not just from convenience.
- Nietzsche, though iconoclastic, insisted on creating one's own values as a form of higher freedom.
- Abraham Maslow later placed self-actualization, realizing one's highest values, at the peak of human potential.

Across cultures and centuries, thinkers agree: **a fulfilling life is a value-driven life.**

Living by Design, Not by Default

In our professional lives, values determine far more than ethics, they shape performance, leadership, and emotional resilience. Research by Edwards & Cable (2009) shows that when personal and organizational values align, employees experience higher engagement, commitment, and satisfaction. For leaders, clarity of values creates authenticity, and authenticity inspires trust. For individuals, it provides direction when life feels uncertain.

Values are not abstract ideals; they are the architecture of a meaningful life. They connect our inner world with our outer actions, transforming routine into purpose and ambition into fulfillment.



MOSO Value Triangle Assessment®

Decoding Your Value Synthesis

Transition from analysis to integration. Use these high-stakes coaching prompts to audit your current trajectory and bridge the gap between your conceptual values and your lived reality.

Personal Perspective

Audit of Friction: Identify the specific instances where your decision-making compromised your core internal architecture.

Value:	Situation:
Ethics	
Faith	
Trust	
Respect	
Supportiveness	

Evidence of Mastery: Catalogue the strategic pivots where your actions were a direct, powerful reflection of your essential principles.

Value:	Situation:
Ethics	
Faith	
Trust	
Respect	
Supportiveness	

Relational Perspective

Interpersonal Integrity: Where have your relational dynamics suffered due to a lack of core-value congruence?

Value:	Situation:
Ethics	
Faith	
Trust	
Respect	
Supportiveness	

Relational Synergy: Pinpoint the connections that flourished because they were rooted in your authentic value-framework.

Value:	Situation:
Ethics	
Faith	
Trust	
Respect	
Supportiveness	

Professional Perspective

Professional Dissonance: Analyze high-stakes professional situations where your core values were sidelined by external pressures or standard operating procedures.

Value:	Situation:
Ethics	
Faith	
Trust	
Respect	
Supportiveness	

Strategic Legacy: Reflect on your most impactful professional achievements — how did your core architecture drive that success?

Value:	Situation:
Ethics	
Faith	
Trust	
Respect	
Supportiveness	

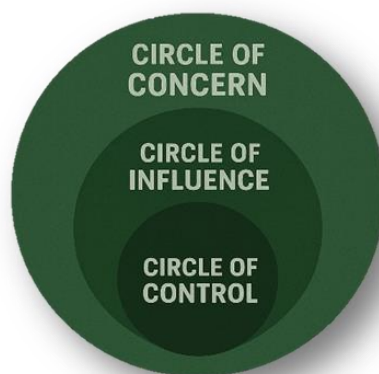
The Daily Cadence of High-Performance Alignment

Your core values are the invisible compass that guide your life — the quiet truths beneath every decision, reaction, and intention. They define not who you *want* to be, but who you *already are* when you live with clarity and integrity.

Reflecting on your core values each morning and evening helps you realign your inner world with your outer actions — to live by design, not by default. It's not about perfection; it's about awareness and gentle correction, day by day.

This practice also echoes Stephen Covey's circles of concern, influence, and control. Much of what occupies our minds belongs to the *circle of concern* — things we worry about but cannot directly change. Our *circle of influence* includes the people, projects, and energies we can affect through our presence, communication, and consistency. And at the very center lies the *circle of control* — our own attitudes, choices, and actions.

When you live from your core values, you naturally move closer to that center. You stop reacting to what's outside your reach and start responding from inner alignment — focusing on what you *can* control and *choose* to influence. Over time, this deepens your sense of peace, purpose, and authentic power.



Use the following questions as daily companions, in the morning to set intention, in the evening to reflect and integrate, and in challenging times to reconnect to what truly matters.

Morning Questions - Setting Intention & Presence

1. If I let my core values guide me today, what would I choose to give my energy and attention to?
 2. What kind of presence do I want to bring into the spaces I'll enter today — and what would that look like in action?
 3. What might change today if I paused before acting and asked, 'Is this aligned with what truly matters to me?'
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Evening Questions - Reflection & Integration

1. Where today did I feel most connected to my core values — and what did that moment teach me?
 2. When did I drift away from what feels true or important, and what can I learn from that?
 3. Looking back at this day, what choice or response most reflected the person I'm becoming?
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In Tough Times - Grounding & Reconnection

1. When everything feels uncertain, what does it mean to stay close to my core values?
2. What might this challenge be revealing about what I stand for — or what I've been avoiding?
3. If I trusted my core values to lead me through this moment, what would my next small, honest step be?